

Capital Subaru St. John's Triathlon

Overall Finish List

August 06, 2023

Timing & Results by Athletics NorthEAST

Sprint Distance Triathlon

Place	Name	Bib	Total Time	Swim	Run-Up	Trans 1	Bike	Trans 2	Run	Gender Place	Age Group Place
1	Darren Clarke	78	1:20:00	15:19	1:28	0:50	40:32	0:53	20:54	M (1)	1:M 30-39
2	Karen Martin	90	1:24:07	12:46	1:22	1:37	44:03	1:02	23:13	F (1)	1:F 40-49
3	Aubrey Sanders	85	1:26:56	16:18	1:41	1:30	43:07	0:54	23:22	M (2)	1:M 50-59
4	Ryan Harris	84	1:27:28	16:26	1:57	1:13	42:30	1:12	24:09	M (3)	2:M 30-39
5	Allison McCloy	87	1:29:41	11:24	1:23	1:30	51:20	0:21	23:39	F (2)	1:F 20-29
6	Neil Waite	70	1:30:43	17:04	1:44	2:19	44:45	0:58	23:50	M (4)	3:M 30-39
7	Robert Butler	66	1:31:01	15:14	2:01	2:01	43:52	0:54	26:56	M (5)	2:M 50-59
8	Abby Pace	83	1:32:18	14:16	1:24	1:27	51:00	0:59	23:10	F (3)	2:F 20-29
9	Kevin Murrant	92	1:32:55	13:57	1:54	2:28	44:59	1:14	28:20	M (6)	4:M 30-39
10	Kent Nash	82	1:33:26	19:07	1:37	2:11	44:59	1:06	24:22	M (7)	5:M 30-39
11	Joel Thomas	60	1:36:14	11:05	1:12	2:34	55:52	0:33	24:55	M (8)	1:M 0-19
12	Leanne Kelland	72	1:36:23	12:51	1:43	3:02	49:37	2:04	27:03	F (4)	2:F 40-49
13	Casidhe Dyke	94	1:36:25	17:10	1:52	1:41	47:47	3:17	24:36	M (9)	1:M 40-49
14	Jeremy Eaton	79	1:38:14	14:48	1:52	1:32	49:22	1:12	29:26	M (10)	2:M 40-49
15	Tracey Shave	88	1:39:31	15:17	1:50	1:25	48:09	1:29	31:19	F (5)	1:F 50-59
16	Josh Strong	67	1:40:05	22:49	1:51	1:42	46:25	1:42	25:34	M (11)	6:M 30-39
17	Jeff Pawley	28	1:40:14	18:30	1:46	2:24	48:09	1:24	27:59	M (12)	3:M 40-49
18	Andrea Howard	4	1:40:45	14:42	2:16	3:21	50:34	1:18	28:31	F (6)	3:F 40-49
19	Andrew Smith	64	1:40:55	23:02	1:37	2:06	49:37	1:42	22:48	M (13)	3:M 50-59
20	Anna Linegar	81	1:42:01	16:39	1:55	1:23	50:45	0:44	30:33	F (7)	1:F 30-39
21	Kathryn Rose	62	1:42:50	12:15	2:08	2:03	53:13	1:28	31:40	F (8)	4:F 40-49
22	Julie Orr	68	1:44:44	16:32	1:39	2:14	56:33	0:28	27:16	F (9)	2:F 30-39
23	Mike Lester	89	1:44:45	23:04	1:45	2:06	50:54	1:35	25:18	M (14)	4:M 50-59
24	Niall Winter	93	1:45:04	17:58	2:33	2:23	52:42	1:45	27:41	M (15)	4:M 40-49
25	Krista Power	75	1:47:25	16:40	1:52	3:17	54:31	1:46	29:16	F (10)	5:F 40-49
26	Emily Ferren	76	1:52:40	17:57	2:21	1:45	55:10	1:20	34:05	F (11)	3:F 30-39
27	Gerald Costello	86	1:54:12	21:18	2:27	2:53	55:18	1:03	31:09	M (16)	5:M 50-59
28	Arthur Rideout	61	1:54:44	19:55	2:14	1:13	54:36	1:11	35:33	M (17)	6:M 50-59
29	Rita Stright	69	1:57:22	19:15	1:51	7:27	56:08	2:24	30:14	F (12)	6:F 40-49
30	Karyn Laporte	71	1:57:22	21:52	1:56	4:45	56:07	2:26	30:14	F (13)	7:F 40-49
31	Rebecca Cole	65	2:01:52	17:28	2:09	2:02	58:12	1:19	40:39	F (14)	3:F 20-29
32	Russell Vardy	77	2:03:47	26:35	1:54	3:55	1:04:31	1:59	24:50	M (18)	5:M 40-49
33	Donna Ballard	74	2:06:23	23:06	2:31	1:39	1:00:36	2:12	36:16	F (15)	2:F 50-59

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Place	Name	Bib	Total Time	Swim	Run-Up	Trans 1	Bike	Trans 2	Run	Gender Place	Age Group Place
34	Alice Kennedy	91	2:16:56	31:00	2:33	5:10	1:02:27	2:37	33:06	F (16)	1:F 60-69
35	John Olivero	63	2:21:38	22:22	2:47	4:13	1:03:44	2:13	46:16	M (19)	7:M 50-59
36	Karen Mearow	73	2:32:37	36:57	2:26	3:36	1:04:50	8:45	35:59	F (17)	1:F 70-99

Standard Distance Relay

Place	Name	Bib	Total Time	Swim	Run-Up	Trans 1	Bike	Trans 2	Run		
1	FDR	101	2:18:41	20:33	1:02	0:53	1:15:35	1:05	39:30		
2	The Rebels	103	2:40:30	37:03	2:18	0:30	1:18:02	0:46	41:49		
3	Tragically Quick	102	2:57:56	32:26	1:51	0:35	1:37:11	0:37	45:13		
4	KGJ	104	2:58:13	31:24	2:11	0:34	1:45:30	0:28	38:04		

Sprint Aquabike

Place	Name	Bib No	Total Time	Swim	Run-Up	Trans 1	Bike	Gender Place			
1	Iakov Afanassiev	110	1:02:03	15:05	1:55	1:27	43:34	M (1)			

Standard Aquabike

Place	Name	Bib No	Total Time	Swim	Run-Up	Trans 1	Bike	Gender Place			
1	Andrew Vavasour	114	2:01:56	28:52	2:04	1:51	1:29:07	M (1)			
2	Miki Lee	112	2:05:29	29:37	1:28	1:55	1:32:27	F (1)			
3	Theresa Allingham	113	2:21:22	27:45	1:52	3:29	1:48:14	F (2)			
4	Julie Sinnott	111	2:39:49	40:29	2:15	2:19	1:54:44	F (3)			

Sprint Duathlon

Place	Name	Bib No	Total Time	Run 1	Trans 1	Bike	Trans 2	Run 2	Gender Place		
1	Todd Puddicome	115	1:12:18	8:58	0:44	39:20	0:49	22:24	M (1)		
2	Bradley Hickey	37	1:16:36	8:36	1:10	44:43	1:53	20:13	M (2)		
3	Craig Pike	122	1:18:04	9:57	1:21	39:36	1:20	25:48	M (3)		
4	Jill Henderson	121	1:31:08	11:23	1:38	50:19	1:28	26:17	F (1)		
5	Stuart Hall	120	1:47:19	12:12	3:18	56:19	3:24	32:03	M (1)		

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Standard Distance Triathlon

Place	Name	Bib No	Total Time	Swim	Run-Up	Trans1	Bike	Trans 2	Run	Gender Place	Age Group Place
1	William Duggan	20	2:21:33	23:05	1:23	1:11	1:13:57	0:32	41:23	M (1)	1:M 30-39
2	Dan MacDonald	47	2:23:13	27:57	1:27	0:55	1:11:37	0:46	40:26	M (2)	1:M 40-49
3	Marc Saunders	55	2:34:21	31:31	1:40	0:36	1:12:50	0:41	47:00	M (3)	2:M 40-49
4	Stephanie Nevin	21	2:36:57	28:38	1:27	0:59	1:22:45	0:31	42:34	F (1)	1:F 30-39
5	Raymond Collins	22	2:40:07	23:47	1:48	0:58	1:24:21	2:02	47:09	M (4)	3:M 40-49
6	Justin Warren	25	2:40:12	23:07	1:24	2:22	1:29:36	1:46	41:54	M (5)	4:M 40-49
7	Michael Noseworthy	50	2:41:36	27:51	1:32	0:54	1:24:04	1:01	46:10	M (6)	2:M 30-39
8	Ryan Pretty	35	2:44:10	31:19	1:38	3:54	1:18:06	3:12	45:59	M (7)	5:M 40-49
9	Michael Jacobs	42	2:48:17	36:01	1:35	1:16	1:21:58	2:14	45:10	M (8)	1:M 50-59
10	Sarah Lewis	53	2:48:48	32:58	1:39	2:30	1:26:34	1:34	43:31	F (2)	1:F 20-29
11	Billy Dawe	23	2:49:03	29:44	1:36	1:00	1:25:22	1:56	49:22	M (9)	3:M 30-39
12	Oliver Bodinar	10	2:49:07	31:13	1:29	3:43	1:27:27	2:13	42:59	M (10)	1:M 20-29
13	Chris Bishop	33	2:50:13	28:27	1:54	2:08	1:25:16	2:03	50:23	M (11)	4:M 30-39
14	Raymond Pretty	24	2:51:35	33:43	1:46	1:27	1:24:35	1:58	48:04	M (12)	6:M 40-49
15	Kyle Warman	39	2:52:25	23:40	1:33	1:47	1:37:03	0:53	47:27	M (13)	5:M 30-39
16	Roberta Maker	34	2:53:44	29:49	1:32	1:42	1:32:20	1:33	46:44	F (3)	2:F 30-39
17	Andrew Rossiter	51	2:58:39	37:39	2:00	2:30	1:24:39	3:15	48:34	M (14)	2:M 50-59
18	John Walsh	40	3:01:17	39:59	1:37	3:55	1:26:57	2:07	46:40	M (15)	3:M 50-59
19	Abdelrahman Ahmed	15	3:01:28	41:16	1:59	4:36	1:21:50	2:18	49:26	M (16)	6:M 30-39
20	Sherrie Myers	31	3:07:37	31:42	1:45	2:12	1:36:23	1:50	53:43	F (4)	1:F 50-59
21	Erin Mayo	32	3:08:27	37:11	1:46	1:27	1:33:42	1:39	52:39	F (5)	1:F 40-49
22	Jessica Banfield	2	3:08:48	33:28	1:53	3:19	1:34:24	2:42	52:58	F (6)	2:F 40-49
23	Billy Kelly	26	3:09:08	28:10	2:01	2:02	1:33:40	1:31	1:01:41	M (17)	7:M 40-49
24	Jason MacDonald	52	3:09:58	34:02	2:03	1:24	1:34:17	1:02	57:07	M (18)	4:M 50-59
25	Dion Lambert	8	3:11:51	34:10	2:06	2:19	1:32:09	1:06	59:58	M (19)	8:M 40-49
26	Chris Smith	30	3:14:05	35:53	1:53	1:05	1:35:52	2:20	56:58	M (20)	9:M 40-49
27	Craig Ennis	17	3:14:38	27:10	1:59	2:02	1:47:16	1:50	54:19	M (21)	10:M 40-49
28	David Janzen	29	3:15:21	35:45	1:49	1:17	1:33:44	1:02	1:01:42	M (22)	7:M 30-39
29	Mike Dawe	54	3:16:28	38:13	1:45	4:18	1:37:21	2:20	52:27	M (23)	8:M 30-39
30	David Giordano Armanini	41	3:18:49	37:10	0:00	3:47	1:42:35	1:32	53:43	M (24)	11:M 40-49
31	Stephen Dilny	44	3:19:30	31:23	1:44	4:42	1:46:23	2:11	53:04	M (25)	12:M 40-49
32	Rick Hunt	19	3:20:43	31:32	2:26	2:06	1:47:59	2:25	54:13	M (26)	13:M 40-49
33	Adam Vickers	6	3:20:47	28:44	1:51	2:37	1:59:01	2:10	46:22	M (27)	9:M 30-39

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Place	Name	Bib No	Total Time	Swim	Run-Up	Trans1	Bike	Trans 2	Run	Gender Place	Age Group Place
34	Stephanie Fauquier	3	3:21:25	31:24	1:47	2:13	1:42:34	2:17	1:01:07	F (7)	3:F 30-39
35	Ian Sinclair	12	3:28:13	34:06	2:08	4:27	1:52:52	1:56	52:41	M (28)	14:M 40-49
36	Antonio Roti	49	3:29:58	43:47	1:56	1:55	1:46:52	1:16	54:10	M (29)	5:M 50-59
37	Suzanne House	36	3:30:32	37:20	1:44	2:47	1:46:18	1:58	1:00:23	F (8)	2:F 50-59
38	Mark Rideout	18	3:31:16	38:18	1:54	2:02	1:54:02	0:32	54:27	M (30)	10:M 30-39
39	John Outerbridge	43	3:32:12	37:34	2:28	4:44	1:46:30	2:31	58:22	M (31)	6:M 50-59
40	Jeremy Babstock	16	3:36:25	41:22	2:27	2:21	1:48:53	1:31	59:49	M (32)	15:M 40-49
41	Lyna Naseri	13	3:41:40	41:07	2:04	2:24	1:49:20	4:12	1:02:30	F (9)	3:F 40-49
42	Jocelyn Forget	14	3:41:40	40:55	2:17	3:46	1:48:26	3:38	1:02:35	M (33)	1:M 60-69
43	Todd Delaney	27	3:41:46	40:56	2:20	2:49	1:50:16	1:18	1:04:04	M (34)	11:M 30-39
44	Yvonne Martin	11	3:43:32	42:58	1:57	2:05	1:55:21	1:27	59:41	F (10)	1:F 60-69
45	Colin Hunt	46	3:51:36	38:16	1:50	6:41	2:01:39	2:20	1:00:48	M (35)	2:M 20-29
46	Terence Hale	45	3:58:35	54:04	2:01	3:54	1:48:30	1:05	1:08:57	M (36)	16:M 40-49
47	Dion Simmonds	5	4:15:13	39:50	2:21	5:41	1:56:44	5:47	1:24:47	M (37)	7:M 50-59