

Carbonear Sprint Triathlon & Try-a-Tri

Overall Results

July 21, 2019

Timing & Results by Athletics NorthEAST

Try-a-Tri

Place	Name	300m Swim		Trans 1		6.8km Bike		Trans 2		3k Run		Finish Time	Gender Place	Age Group Place
		Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time			
1	Alex Chislett			1	5:52	1	13:58	1	1:14	1	14:16	35:21	M (1)	1: M < 20

Individual Sprint

Place	Name	500m Swim		Trans 1		18km Bike		Trans 2		5k Run		Finish Time	Gender Place	Age Group Place
		Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time			
1	William Duggan			5	8:13	1	30:17	3	1:18	2	20:30	1:00:19	M (1)	1: M 20 - 29
2	Stephen Dyke	1	7:00			2	32:07	4	1:20	1	20:18	1:00:47	M (2)	1: M 50 - 59
3	Stephanie Nevin	9	9:03	1	0:52	3	33:18	5	1:20	4	21:47	1:06:22	F (1)	1: F 20 - 29
4	Craig Pike	14	9:25			5	34:33	43	2:04	13	23:11	1:09:14	M (3)	2: M 50 - 59
5	Iakov Afanassiev			6	9:53	4	34:13	30	1:51	21	24:10	1:10:08	M (4)	3: M 50 - 59
6	Robert Jobling	5	8:45			9	37:41	9	1:31	8	22:14	1:10:13	M (5)	1: M 30 - 39
7	Graham Soper	2	7:55	2	1:27	8	37:18	7	1:25	9	22:23	1:10:30	M (6)	2: M 30 - 39
8	Michael Noseworthy			7	10:15	6	34:45	32	1:54	15	23:45	1:10:40	M (7)	3: M 30 - 39
9	Joshua Mack	23	9:57			12	38:39	13	1:39	3	20:44	1:11:00	M (8)	1: M < 20
10	Adrian House	3	8:35			10	37:44	8	1:31	17	23:56	1:11:47	M (9)	1: M 40 - 49
11	Raymond Pretty	16	9:34			11	38:27	21	1:43	10	22:35	1:12:20	M (10)	2: M 40 - 49
12	Miki Lee	11	9:06			14	39:15	11	1:32	14	23:11	1:13:05	F (2)	1: F 40 - 49
13	Patrick Dalton	22	9:52			7	36:15	59	2:36	24	24:28	1:13:13	M (11)	3: M 40 - 49
14	Mark Didham	19	9:49			15	39:25	40	2:03	6	22:00	1:13:18	M (12)	4: M 30 - 39
15	Melanie Van Soeren	15	9:29			27	41:34	29	1:51	5	21:48	1:14:43	F (3)	1: F 30 - 39
16	Trevor Harris	7	8:56			19	40:18	10	1:32	20	24:09	1:14:56	M (13)	5: M 30 - 39
17	Jason MacDonald	10	9:04			13	39:07	27	1:51	30	25:31	1:15:34	M (14)	4: M 40 - 49
18	Jesse Cheng	4	8:36			22	40:27	15	1:41	29	25:24	1:16:09	M (15)	6: M 30 - 39
19	Joanne Budgell					56	50:06	23	1:43	22	24:19	1:16:09	F (4)	2: F 30 - 39
20	John Walsh	44	11:35			20	40:19	18	1:42	11	22:48	1:16:25	M (16)	5: M 40 - 49
21	Andrew Burry	24	10:04			29	42:04	2	1:17	12	23:03	1:16:29	M (17)	7: M 30 - 39
22	Michael Jacobs	29	10:51			32	42:44	34	1:56	7	22:12	1:17:45	M (18)	6: M 40 - 49
23	Chris Boyce	28	10:42			18	40:05	12	1:38	33	25:42	1:18:08	M (19)	8: M 30 - 39
24	Forrest Mills	41	11:25			17	39:48	20	1:42	28	25:12	1:18:09	M (20)	7: M 40 - 49
25	Sean Farrell	17	9:48			25	40:49	19	1:42	34	25:52	1:18:12	M (21)	8: M 40 - 49

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		Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time			
26	Mike Lawlor	40	11:24			23	40:44	31	1:52	25	24:49	1:18:51	M (22)	9: M 40 - 49
27	Sony Mohammad	49	11:43			16	39:28	42	2:03	37	26:16	1:19:32	M (23)	9: M 30 - 39
28	Jesse Avery					64	52:45	63	2:49	23	24:22	1:19:57	M (24)	2: M 20 - 29
29	Craig Ennis	8	9:03			39	44:14	37	2:00	26	24:58	1:20:16	M (25)	10: M 40 - 49
30	Erik Charron	34	11:04			26	41:09	45	2:08	38	26:17	1:20:39	M (26)	10: M 30 - 39
31	Jason Collins	38	11:21			28	41:53	57	2:29	31	25:38	1:21:23	M (27)	11: M 40 - 49
32	Patrick Risch	36	11:14			21	40:20	35	1:57	47	28:14	1:21:46	M (28)	12: M 40 - 49
33	Anne Mack	48	11:42			31	42:21	28	1:51	35	26:13	1:22:08	F (5)	1: F 50 - 59
34	Mike Dawe					69	57:13	53	2:26	19	24:06	1:23:46	M (29)	11: M 30 - 39
35	Anna Linegar	21	9:51			34	43:03	36	1:58	53	28:59	1:23:52	F (6)	3: F 30 - 39
36	Erin Mayo	20	9:50			44	45:31	52	2:20	39	26:36	1:24:18	F (7)	4: F 30 - 39
37	Lisa Andersen	27	10:32			37	43:45	49	2:15	45	27:51	1:24:25	F (8)	2: F 40 - 49
38	Andrew Vavasour	18	9:49			40	44:18	55	2:28	49	28:47	1:25:23	M (30)	13: M 40 - 49
39	Laura Keegan	26	10:26			48	46:50	24	1:49	40	26:37	1:25:43	F (9)	3: F 40 - 49
40	Kevin Lewis	53	12:49			24	40:48	41	2:03	60	30:31	1:26:13	M (31)	12: M 30 - 39
41	Sarah Hiscock	12	9:09			46	46:28	26	1:50	52	28:59	1:26:27	F (10)	2: F 20 - 29
42	Rosie Chidley	39	11:21			38	43:55	39	2:02	55	29:20	1:26:39	F (11)	2: F 50 - 59
43	Amy Henderson	31	10:57			45	46:11	51	2:20	43	27:46	1:27:15	F (12)	5: F 30 - 39
44	Nicole Head	6	8:49			52	48:28	14	1:39	48	28:36	1:27:34	F (13)	3: F 20 - 29
45	Alison Doyle	25	10:25			54	49:24	44	2:06	32	25:40	1:27:36	F (14)	6: F 30 - 39
46	Tara Corbett	55	13:17			47	46:41	58	2:35	27	25:10	1:27:45	F (15)	4: F 40 - 49
47	Conrad Nickels					70	58:59	1	1:17	44	27:51	1:28:08	M (32)	13: M 30 - 39
48	Mary Tilley	45	11:37			43	45:20	16	1:41	57	29:40	1:28:19	F (16)	3: F 50 - 59
49	Pamela Griffiths	35	11:07			50	47:25	47	2:08	46	27:56	1:28:38	F (17)	5: F 40 - 49
50	Jennifer Bennett	54	13:14			42	45:04	71	3:26	42	26:56	1:28:41	F (18)	6: F 40 - 49
51	Yvonne Martin	47	11:41			51	48:22	33	1:55	41	26:47	1:28:46	F (19)	1: F 60 +
52	Rick Flynn	46	11:40			36	43:33	64	3:00	65	31:34	1:29:49	M (33)	1: M 60 +
53	Kevin Power	42	11:29			58	50:16	46	2:08	36	26:15	1:30:09	M (34)	14: M 40 - 49
54	John Barron	50	11:46			33	42:59	67	3:06	69	32:22	1:30:14	M (35)	2: M 60 +
55	Donna Ballard	33	11:00			41	44:48	66	3:05	66	31:41	1:30:35	F (20)	4: F 50 - 59
56	Gary Burden	43	11:35			49	47:04	65	3:03	51	28:58	1:30:41	M (36)	3: M 60 +
57	Bill Pomeroy			9	24:00	30	42:18	50	2:20	16	23:47	1:32:26	M (37)	4: M 50 - 59

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		Rank	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Time			
58	Maureen Power					71	1:00:38	60	2:40	54	29:18	1:32:37	F (21)	7: F 40 - 49
59	Megan Lafferty	13	9:18			59	50:21	68	3:15	61	30:55	1:33:51	F (22)	7: F 30 - 39
60	Bradley Prior					72	1:01:47	38	2:01	59	30:19	1:34:08	M (38)	14: M 30 - 39
61	Alan Doody			8	18:39	35	43:22	72	3:28	56	29:34	1:35:04	M (39)	15: M 40 - 49
62	Ruby Carter	52	12:25			53	48:48	69	3:18	64	31:28	1:36:00	F (23)	5: F 50 - 59
63	Karen Dwyer	58	14:42			55	49:35	48	2:13	58	29:46	1:36:18	F (24)	8: F 40 - 49
64	Julie Sinnot					73	1:02:27	61	2:41	63	31:28	1:36:37	F (25)	9: F 40 - 49
65	Kevin Flynn	51	12:08			61	51:47	73	4:12	62	30:58	1:39:07	M (40)	4: M 60 +
66	Emily Doyle	56	13:19			63	52:39	17	1:41	67	31:43	1:39:24	F (26)	10: F 40 - 49
67	Rebecca Bell	30	10:56			62	52:04	70	3:22	72	33:36	1:39:59	F (27)	11: F 40 - 49
68	Kent Nash	59	18:16	4	5:22	60	51:01	6	1:23	18	24:02	1:40:06	M (41)	15: M 30 - 39
69	Darlene Martin	57	13:26			65	53:58	25	1:49	68	31:56	1:41:11	F (28)	6: F 50 - 59
70	Denise Martin	61	19:57			57	50:07	54	2:27	50	28:50	1:41:23	F (29)	12: F 40 - 49
71	Dale Foote	37	11:19			66	55:41	62	2:49	71	33:32	1:43:22	M (42)	5: M 50 - 59
72	Rick Parsons	32	10:59			67	55:56	22	1:43	73	35:02	1:43:42	M (43)	16: M 30 - 39
73	John Abbott	60	18:32	3	2:59	68	56:12	56	2:29	70	33:24	1:53:38	M (44)	16: M 40 - 49