

Capital Subaru St. John's Triathlon

Overall Finish List

August 06, 23

Timing & Results by Athletics NorthEAST

[Standard Aquabike](#)

Sprint Aquabike

PlaceName	CityBib No	Gender	Age Group	Total Time	Swim Time	Run Time	Up Transition Time	1Bike Time
1 Iakov Afanassiev	110	M	1:Male 99 and Under	1:02:03	15:05	1:55	1:27	43:34

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Standard Aquabike

PlaceName	CityBib No	Gender	Age Group	Total Time	Swim Time	Run Time	Up Transition Time	1Bike Time
1 Andrew Vavasour	114	M	1:Male 99 and Under	2:01:56	28:52	2:04	1:51	1:29:07
2 Miki Lee	112	F	1:Female 99 and Under	2:05:29	29:37	1:28	1:55	1:32:27
3 Theresa Allingham	113	F	2:Female 99 and Under	2:21:22	27:45	1:52	3:29	1:48:14
4 Julie Sinnott	111	F	3:Female 99 and Under	2:39:49	40:29	2:15	2:19	1:54:44
